

PLANNING FOR OUR SAFETY

Activity:

Date:

Venue:

Name:

What could happen to people, their equipment and the environment when participating in the activity? (RISK)	What causes these to happen? (HAZARDS, PERILS)	What can we do to minimise or eliminate these to make the activity safe? (STRATEGY)	Who is responsible for this? (PERSONAL, ORGANISATIONS)	What action can we take if things still go wrong? (EMERGENCY)



KNOW BEFORE YOU GO

The Outdoor Safety CODE

**Before you go into the outdoors
get familiar with New Zealand's
Outdoor Safety Code.**

5 simple rules to help you stay safe:

- 1 Plan your trip**
Seek local knowledge and plan the route you will take and the amount of time you can reasonably expect it to take.
- 2 Tell someone**
Tell someone your plans and leave a date for when to raise the alarm if you haven't returned.
- 3 Be aware of the weather**
New Zealand's weather can be highly unpredictable. Check the forecast and expect weather changes.
- 4 Know your limits**
Challenge yourself within your physical limits and experience.
- 5 Take sufficient supplies**
Make sure you have enough food, equipment, clothing and emergency rations for the worst-case scenario. Take an appropriate means of communication.

Also available:

**The Boating Safety
CODE**

**The Water Safety
CODE**

For more information about how you can prepare for your outdoor activity,
visit www.adventuresmart.org.nz

Survival



GOING BUSH?

Visit: www.mountainsafety.org.nz

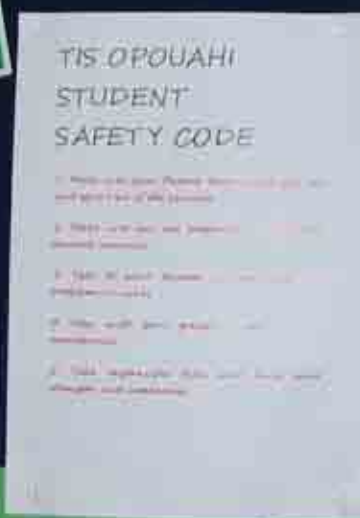
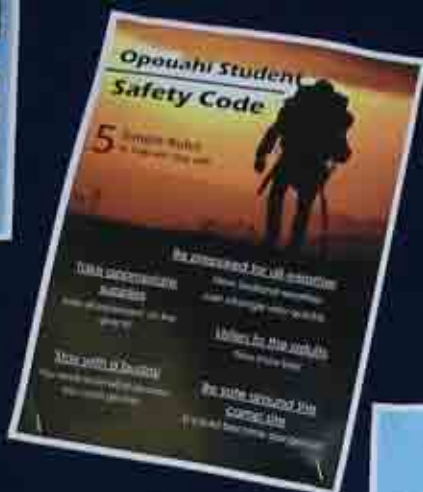
ESSENTIAL PLANNING FOR A SAFE TRIP



OUTDOOR SAFETY
NEW ZEALAND MOUNTAIN
SAFETY COUNCIL

DISCOVER
MORE, SAFELY.

NEW ZEALAND





TIS Opouahi Student Safety Code

5 SIMPLE RULES TO KEEP YOU SAFE

1. Always wear your seat belt.
2. If you are driving, never drink and drive. It's illegal and dangerous.
3. Remember, when you're out at night, always stay with a group. Don't go off on your own.
4. Always wear your seat belt.
5. Remember, when you're out at night, always stay with a group. Don't go off on your own.

Never Forget The TIS Opouahi Student Safety Code!!!



TIS Camp Counselor Safety Code

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

OPOUAHI SAFETY RULES

Keep yourself safe!



TIS Opouahi Student Safety Code

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Go Camping!

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

PREPARE BEFORE YOU DISAPPEAR ~

THE TIS OPOUANI SAFETY CODE

When you go into the outdoors get familiar with TIS' Outdoor Safety Code.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

TIS Opouahi Student Safety Code

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.

Always wear your seat belt.

Remember, when you're out at night, always stay with a group. Don't go off on your own.